

Sport club Liptovsky Mikulas, section GRS , Vajanského 28, 031 01, Liptovský Mikuláš,
Slovakia

INVITATION

of the 24th International Competition the Liptov Cup in GRS 2014.

Vlasta Fialová Memorial

A. ORGANIZER:

Sport Club Liptovsky Mikulas, section GRS,
Vajanského 28, 031 01 Liptovský Mikuláš, Slovakia
tel.+ fax: +421 44 5623030, www.modernagymnastikalm.sk

Date: **8. november 2014**

Place: Sport Hall of City L.Mikulas - Raztoky (Tatralandia), Slovak Republic

Competition Staff:

Director of the competition: PhDr. Roman Králik

Chief Judge: PaedDr. Tatiana Sukhomlinova

Entries: The deadline for definitiv entries is 26. october. 2014

Applications: Written applications are accepted by
SK Liptovský Mikuláš, Vajanského 28, 031 01 Liptovský Mikuláš
Slovakia, tel.+ fax +421 44 5623030,
e-mail: mg@modernagymnastikalm.sk, tasia@centrum.sk

Competition forms: 4 copies per gymnast and exercises

Costs: the costs of accomadation is 18. - 20.-€ per person per day

Entry fee: 20.-€ / gymnast

B. TECHNICAL REGULATIONS:

Regulation: FIG rules and this specification are valid for this competition

Events: Competition of individual competitions:

I. category /born 2007 and younger /: 1 exercise without instrument

3 -6 difficulties D = 4.0 E = 10.0

II.category / born 2006/: 1 exercise without instrument

3 -6 difficulties D = 4.0 E = 10.0

III. category /born 2005/ : 1 exercise without instrument

1 exercise by the choice instrument

3 -7 difficulties D = 6.0 E = 10.0

IV.category /born 2004/: 2 exercise app. by the choice instrument

3 -7 difficulties D = 6.0 E = 10.0

V.category /born 2003 – 2002/: 2 exercise app. by the choice instrument

4 -7 difficulties D = 7.0 E = 10.0

VI.category - Junior B

/born 2001 – 1999/: 2 exercise app. by the choice instrument

4 -7 difficulties D = 7.0 E = 10.0

VII.category - Junior A

/years of birth 2001 – 1999/: 2 exercise app. by the choice instrument

Difficulty FIG Program

VIII.category /born 1998 and older/: 2 exercise app. by the choice instrument

4 -7 difficulties D = 7.0 E = 10.0

Dress: according FIG rules

The area for the competition : 13x13 m carpet.

The music for competition: 1 CD for each gymnast and exercise

Time outline:

8.th nov.2014	8.a.m.-10.00 a.m.	training in the hall
	9.a.m.	meeting of the judges
	10 a.m.	opening of the individual comp.
	6.p.m.	awarding of the winners, closing ceremony

C. FINAL REGULATIONS:

Each of the foreing clubs is allowed to delegate maximum 3 competitors, 1 coach, 1 judge, altogether 5 participants.

IMPORTANT:

Please send us the official blanket of the Technical Value for your gymnasts as soon as possible, but not later than 4. th. november 2014 4 copy (D1+D2) .

You can send them to our adress Športový klub 031 01 Liptovský Mikuláš, Vajanského 28, Slovakia.

PhDr. Roman Králík

PaedDr.Tatiana Sukhomlinová

Director of the competition

Chief Judge